



Standhill Infants School PHSE Policy 2024

Curriculum Intent

At Standhill Infants School we intend for all children to be happy and safe. We want them to understand what they can do to have a healthy mind and a healthy body. We know that some children's needs go beyond the curriculum and we aim to equip them with the skills that they need to stay safe from harm. Through our enrichment opportunities, Jigsaw and ELSA teaching we aim to support children to identify their emotions and to self-regulate.

Introduction

Personal, social and health education and citizenship promotes children's personal, social and economic development, as well as their health and wellbeing. It helps to give children the knowledge, skills and understanding they need to lead confident, healthy, independent lives and become informed, active, responsible citizens. It is taught as part of a broad and balanced curriculum that promotes fundamental British Values and health education.

Aims

- Encourage children to play a positive role in contributing to the life of the school and the wider community.
- Help children to know and value who they really are and how they relate to other people in society.
- Provide opportunities for children to develop confidence and responsibilities, enabling them to make the most of their abilities.
- Help children to develop healthy, safe lifestyles and understand how to keep themselves and others safe.
- Develop children's self-esteem, confidence and self-awareness to make informed choices and decisions.
- Encourage and support the development of social skills, healthy relationships and respect for difference.
- Help children identify, understand and regulate their feelings.

Planning and Content

Children are offered a wide range of opportunities to enhance their learning and engage with the concepts and contents of PSHE through indirect teaching e.g. dealing with incidents as they occur and modelling positive behaviours, attitudes and relationships. We follow a scheme of work called Jigsaw PSHE which provides a structured and developmental programme focused on building emotional literacy and social skills within a whole school approach. We also offer PHSE interventions using the ELSA approach.

- PSHE sessions are taught once a week using the Jigsaw lesson plans and resources. Each new Jigsaw topic is introduced at the beginning of every half term in a whole school 'launch' assembly.

- PSHE assemblies are delivered once a week and are based around weekly celebrations which focus on specific behaviours or attitudes.
- The JIGSAW scheme of work also helps us meet our statutory duty to teach 'Relationship Education, Relationship and Sex education (RSE) and Health Education in line with regulations for 2021. [RSE Policy 2021](#) Parents are informed when the 'Changing me' topic is taught in school.

Assessment and Recording

- In KS1 and FS2 each lesson has a clear learning objective, WALT/WILF. Children's work is filed with their other topic-based work.
- On-going assessments are made through observation of children and their work.
- PHSE interventions are offered through the ELSA programme. Children are identified as in need of additional support and receive weekly interventions in a small group with a trained TA.
- A statement as to the personal and social development of each child will be reported to parents during two separate parents' evenings as well as in the end of year written report.

Resources

The Jigsaw PSHE scheme of work provides:

- 1 folder for each year group including lesson plans and resources, as well as one assembly plan for the start of each Puzzle as well as digital resources.
- Jigsaw Chimes
- 3 Jigsaw characters- Jigsaw Jenie (FS2), Jigsaw Jack (Year 1), Jigsaw Jo (Year 2)

Enrichment opportunities linked to wellbeing are also offered including mindfulness and yoga.

Library books are ordered to link with weekly celebrations for each Puzzle (unit of work)

Teachers are also able to access additional online SCARF resources.

Trained TA has access to ELSA resources.

Inclusion

At Standhill Infants' School we teach personal, social, and health education and citizenship to all children, regardless of their ability or individual needs. PSHE forms part of the school curriculum policy to provide a broad and balanced education for all children. We strive to meet the needs of those pupils with special educational needs, with disabilities, the gifted and talented and those learning English as an additional language and we take all reasonable steps to achieve this.

Louise Taylor PHSE lead - November 2024

Review November 2027 (or in line with any other DFE/Gov recommendations)

Note: The PSHE and citizenship policy should be read in conjunction with the British Values policy, the RSHE policy and the Behaviour policy.

PHSE November 2024