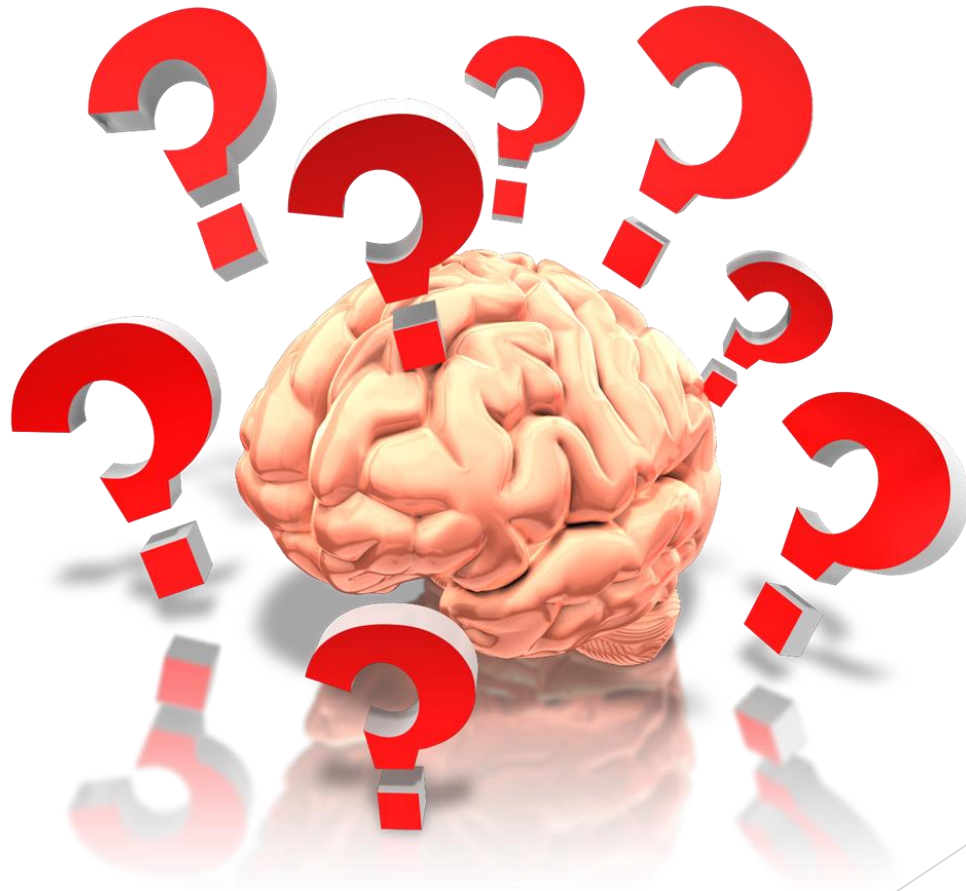


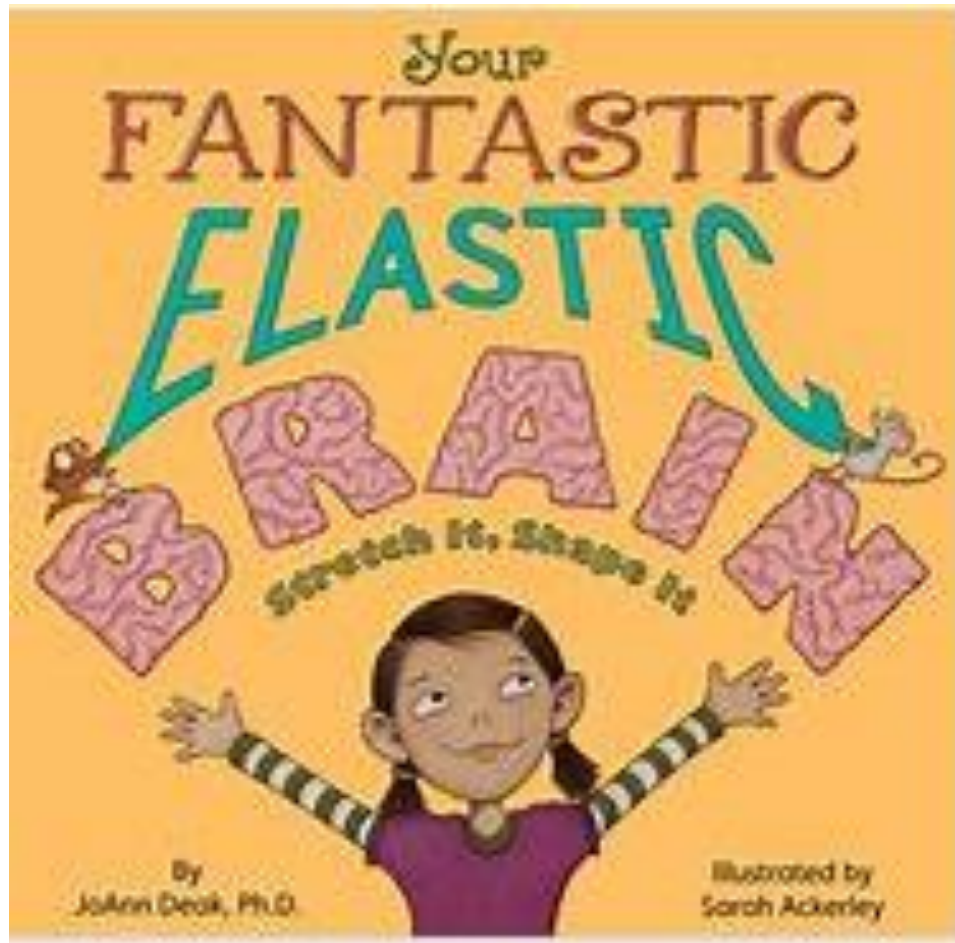
# LEARNING POWERS



# Growth Mindset

"mindset" {*noun*}

*a set of beliefs or a way of thinking that determines one's behavior, outlook and mental attitude.*



So, you shape your brain when you make it bigger by adding new things you know and can do.

## You are a Neurosculptor!



# Fixed mindset

Believes:

Intelligence is **CARVED IN STONE**

Scores in a test

**MEASURE POTENTIAL**

Intelligent people shouldn't have to  
**WORK HARD**

Failure reflects a **LACK** of  
**INTELLIGENCE**



# Growth mindset



Believes:

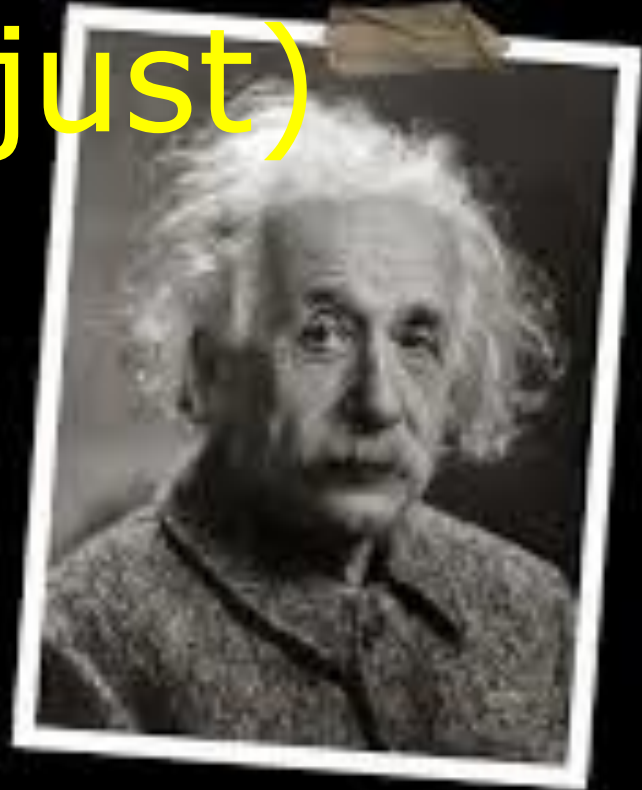
Intelligence is MALLEABLE

Learning requires HARD WORK  
and EFFORT

ALL individuals CAN LEARN  
and improve

We CANNOT MEASURE a  
person's POTENTIAL

**"Education is not (just) the learning of facts, but the training of the mind to think."  
-Albert Einstein**





- ▶ Thinking skills
- ▶ Building Independence
- 
- ▶ Collaboration

- ▶ CHALLENGE
- ▶ PRAISE
- ▶ FEEDBACK
- ▶ MINDSET LANGUAGE

Reflection, discussion, questioning, sharing, risking, fun, teamwork



## 4 Super R's

Underpin the learning in all areas of the curriculum.

# RESILIENCE



# RESOURCEFULNESS



# BEING REFLECTIVE



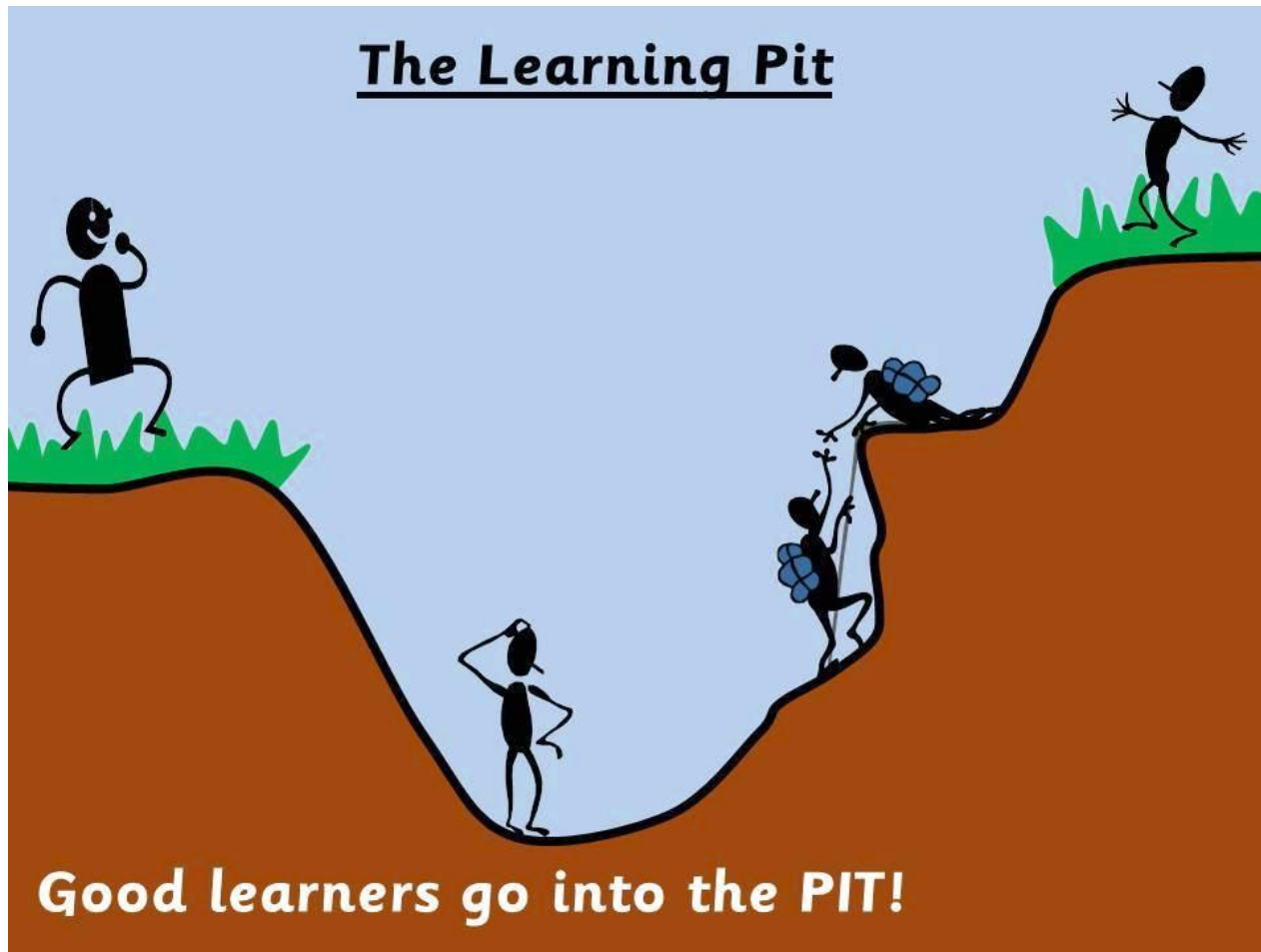
# RECIPROCITY



# What it looks like at standhill

- ▶ Discrete Assemblies.
- ▶ The way we talk.
- ▶ Importance of effective feedback.
- ▶ Curriculum links
- ▶ Examples of Growth Mindset from the real world.

# Into the pit we go....

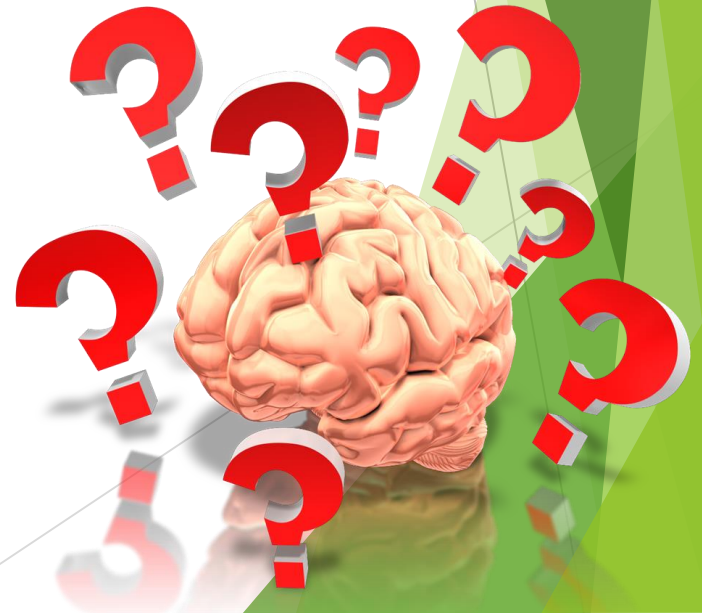


*The wrong kind of praise creates  
self-defeating behaviour. The  
right kind motivates students to  
learn.*

Carol S. Dweck, Ph.D

# What to praise

- ▶ Effort, motivation, struggle and persistence despite set backs
- ▶ Strategies and choices
- ▶ Choosing difficult and challenging tasks
- ▶ Learning, improving
- ▶ Teamwork



# Set of 6 studies of children

	Praised for effort	Praised for ability
goals	90% of the group created learning goals	66% of the group created performance goals
enjoyment	continued	decreased
persistence	continued	decreased
performance	improved	declined
lied about scores	one individual	40%

**“It's not that  
I'm so SMART,  
it's JUST that  
I stay WITH  
PROBLEMS  
longer.”**

Albert Einstein

# The Power Of Mistakes



- ▶ If you don't make mistakes you're not being challenged.
- ▶ In order to succeed you have to make mistakes.
- ▶ We learn from our mistakes.
- ▶ Think of all the famous people who got where they have by making mistakes.
- ▶ We celebrate some of our mistakes.

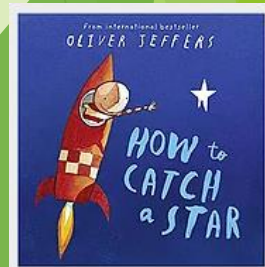
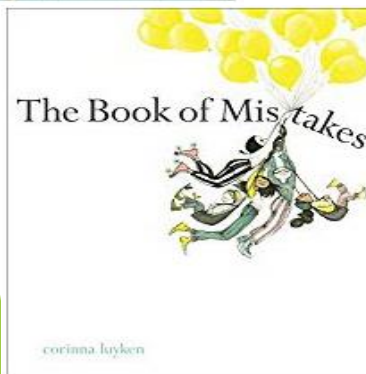
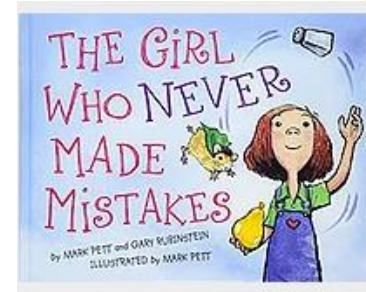
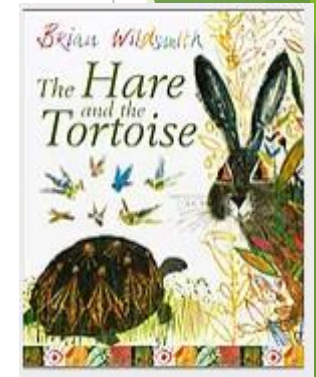
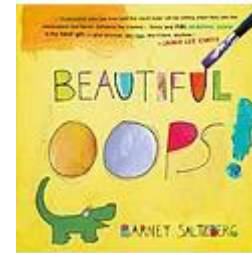
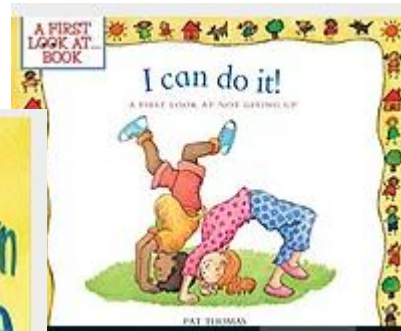
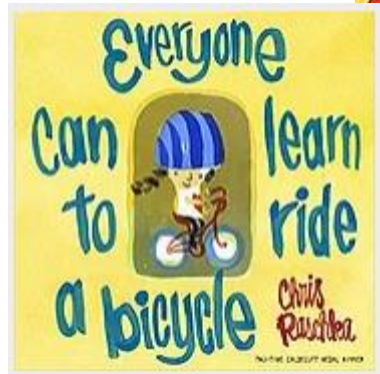
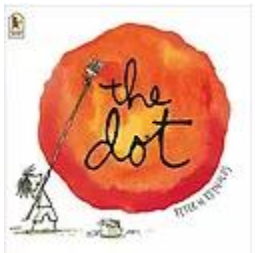
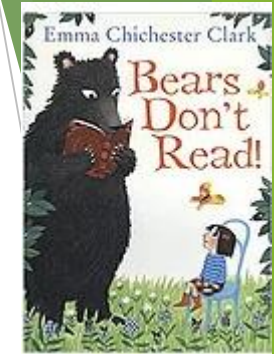
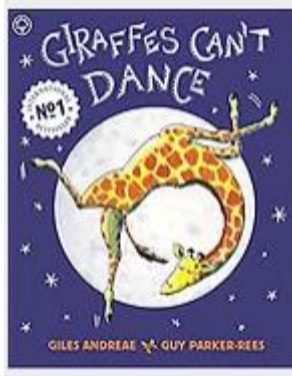
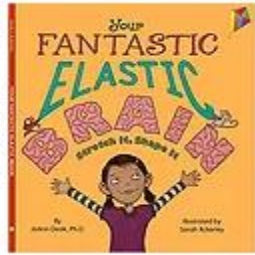
I can't do  
it!

I can't do  
it *yet!*



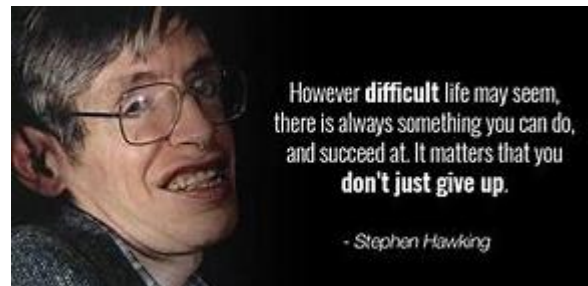
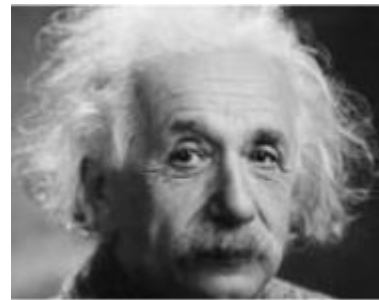


# Great books For Learning Powers (Growth Mindset) Learning





# Real Life Growth Mindset Inspirations



Effort



“My secret is practice. I have always believed that if you want to achieve anything special in life you have to work, work, and then work some more.”

David Beckham



Downsbrook

**Carol Dweck**

“successful individuals love learning, value effort and persist in the face of obstacles”.

